

# An Draighneán Disability Site HSE Navan, Co Meath Ireland



Tobacco Free Campus – GNTH Gold  
Award Journey



# Meath Disability Services Residential An Dreaghneán Disability Site



# Background

Meath Disability Services Residential Services commenced in 1996. To date we have 49 residents of various level of ability across Louth and Meath, which comes under the remit of the Health Service Executive. We as a Service engage in many quality Initiatives ensuring that the residents are central to all that we do.

In response to ensuring compliance with National Policy to TFC, as a Service we embraced the opportunity to optimize residents' and staffs' health and wellbeing. Following feedback from all stakeholders we commenced this QI in 2022, with the long term goal of achieving Gold Award Standard.

The ethos of our service is to ensure person centred care to all individuals receiving our service by optimising opportunities to encourage independence and promote a healthy environment.



# Setting the Scene.....

- ▶ An Draighneán is a Shared Disability site managed by the Health Service Executive.
  - ▶ Coill Darach residential site for 7 adults with an intellectual disability
  - ▶ Na Driseoga Respite Service for 70 plus adults with an intellectual disability and sensory need.
  - ▶ An Castán Day Service managed by Irish Wheelchair Association.



# Tobacco Free Campus (TFC) Background

- ▶ In 2024/2025 TFC Forum was set up comprising of Nursing Management, Residents, healthcare staff and Health Promotion Officer (HPO) from Health and Wellbeing Department.
- ▶ This group began a collaborative response to maintaining a good tobacco free campus and how we can improve on this.
- ▶ Global Network Self-Audit Questionnaire and Planning Template (QIP) commenced with the local HPO
- ▶ The purpose of this survey form was to capture our initial audit score and descriptions of the actions that will be implemented as part of a quality improvement plan (QIP) to improve tobacco management within our service. The re-audit in 6 months examines the implementations of our actions.
- ▶ This self- audit and QIP builder is based on the Global Network for Tobacco Free Healthcare Service.
- ▶ Our first QIP Audit Score was 127 and our re-audit score was 137 in 6 months.



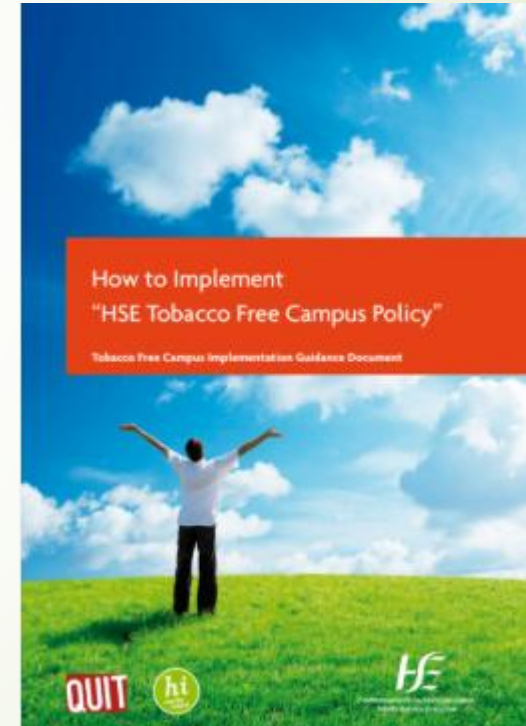
# Steps to a Tobacco Free Campus (TFC)

- ▶ All Tobacco policies and Framework documents were updated and reviewed and labelled in folders widely available for all staff and visitors to see.
- ▶ Actions included: signage updates Smoking Cessation Supports to be updated and staff made aware, residents to be made more aware of any smoking breaches, MECC Making Every Contact Training (HSE) completed by 5 staff Champions.
- ▶ Admin updates to include Tobacco Free Campus flagged on sign in sheets and E-mail signatures
- ▶ Residents and families all contacted in relation to update of TFC and Smoking supports available.
- ▶ Residents designed a lovely poster to advertise TFC and to improve our status.

# HSE Tobacco Free Campus Policy 2012

The HSE Tobacco Free Policy 2012 has two clear aims:

1. To treat tobacco as a healthcare issue.
  2. To denormalise tobacco use in all healthcare services and settings.
- It also aims to protect staff, service users and visitors from tobacco smoke.



# Why Improve our Tobacco Free Campus Policy?

- The importance of a Tobacco Free Campus
- The HSE Tobacco Free Policy
- Global Standards - Your guide to creating a Tobacco Free Campus
- Template to report a breach on a Tobacco Free Site
- Local Stop Smoking Services
- Nicotine Replacement Therapies (NRT)
- Making Every Contact Count (MECC) - HSE program to support your tobacco free campus implementation



## The Reasons:

- It helps change social norms around tobacco use.
- Protects and improves the health, safety and welfare of staff, patients, service users, visitors, contractors and the wider community.
- Provides a better health outcome for patients/service users by treating tobacco addiction as a care issue.
- Creates a supportive environment for patients/service users and staff to quit smoking.
- Supports management and staff in their implementation of tobacco free campuses across the organisation.
- Provides clarity to staff on their role of the implementation of a tobacco free campus and in supporting and promoting healthier lifestyles.
- QIP Audit is out of 144 and Units must score 126/144 for Gold award application.

# TFC Poster designed by Residents



**An Draighneán, HSE Commons Road,  
Navan**

**is a Tobacco and E-Cigarette Free Campus**

Please don't smoke or vape around us

*"your smoke is no joke"*



Keep our Air Clean



**QUIT** For Free Support to Quit Smoking  
Contact [Quit.ie](https://quit.ie)  
Freephone 1800 201 203  
Freetext 50100

This leaflet was produced by the residents and service users of An Draighneán as part of the HSE Tobacco Free Campus Initiative 2022

# Updated TFC Outdoor and Indoor Signage to include vaping



# MECC Making Every Contact Count

## Tobacco

### Stop Smoking Advisors

Specialists delivering intensive behavioural support to smokers to help them quit.

Face to face (individually or in a group), telephone, via eHealth (Attend Anywhere) or a combination of these.

### Tobacco Free Campus – HSE Sites, Partner Sites, Schools, Playgrounds, etc.

Support sites to implement HSE Tobacco Free Campus Policy in both CHO and Acute sites within their region.

### QUIT4Youth

Stop Smoking programme aimed at young people.

### Partnerships

HP& I use nationally agreed resources and supports to influence partners and stakeholders across all sectors of society to create tobacco free local environments.

### Staff Health and Wellbeing

Health Promotion practitioners advocate for and support staff health & wellbeing initiatives such as:

- ▶ Providing free stop smoking medication to staff wishing to quit smoking as well as encouraging/facilitating attendance at stop smoking services.
- ▶ Ensuring that the national QUIT campaign is targeted towards staff at local level through events and promotions at key times of the year and with particular staff groups where prevalence is higher.

Welcome To Our  
Smoke-Free Campus





*We are Implementing*  
**Making Every Contact  
Count**

*MECC is an approach used by health professionals to support  
healthy behaviour change in our population.*

**MAKING  
EVERY**

**CONTACT  
COUNT**

**An Dreaghneán Disability Centre**

2025



[hseland.ie](https://hseland.ie)

# Smoking Cessation Supports

- Face to face support
- Telephone support
- Group Support
- Virtual Support
- NRT Support
- Smoke Free Home Programme
- Pop Up Stands for World No Tobacco Day 31<sup>st</sup> May 2026 in local Workplaces and Shopping Centres



# HSE HP+I Local Support Booklets



# MEATH QUIT



World No Tobacco Day 31st May 2023

Why should I quit smoking?



## HSE Stop Smoking Programme

- FREE Intensive stop smoking support delivered in a variety of ways: face-to-face, telephone or online.
- 12 weeks FREE Nicotine Replacement Therapy (NRT).
- Trained stop smoking advisor will support you on your quit journey.
- For more information on stopping smoking contact:  
**Claire 087 452 8454 or Kate 087 451 2808**



Find out more at [QUIT.ie](http://QUIT.ie)



Get the support you need to quit for good.

The Meath Stop Smoking Service is a FREE, friendly and supportive service for people in community who want to quit smoking.


The service offers FREE weekly support on your quit journey from an HSE stop smoking advisor.

You are 5 times more likely to quit for good with our help.

For more information on quitting smoking check out [QUIT.ie](http://QUIT.ie)

**When:** Now open for registration and referrals  
**How:** In person, phone and video call appointments available.  
**Contact:** Claire: 087 452 845, [Claire.gleeson3@hse.ie](mailto:Claire.gleeson3@hse.ie)  
Kate: 087 451 2808, [Katiea.gerard@hse.ie](mailto:Katiea.gerard@hse.ie)





# Other actions for improvement.....

- ▶ Standard TFC Policy HSE in 2012 was updated to include Vaping guidelines.
- ▶ In 2024, we commenced the removal of any facilities that provided comfort or gave the message that An Draighnéan was supporting the use of tobacco products.
- ▶ Ashtrays were removed and this change was difficult at the start, but it became easier.
- ▶ We never say “you can’t smoke”, we do say “if you are going to smoke, I am asking that you do it 30 meters away from the buildings across the blue line!
- ▶ By updating induction manuals etc, the message is uniform across the service for healthcare staff, students, residents and visitors.
- ▶ All residents and respite service users are assessed for smoking and advice given on support services and risk assessments carried out on any service user that smokes– this figure is recorded and was very low and getting lower.



# Summary of Standards and Improvements.

- ▶ **Standard 1-Governance and Commitment** – direct health impact outcomes of residents were measured by our ANP with absence of respiratory symptoms and less exposure to second hand smoke was evident
- ▶ **Standard 2 – Communication** – TFC updates are an integral part of staff induction policies, more visual evidence with new signage, successful lunch time session held by Smoking Cessation Advisor for staff and residents with information on FREE NRT (Nicotine Replacement Therapy)
- ▶ **Standard 3 – Education and Training** – Staff member Smoking Cessation Champion, promotion of Health Awareness days, 5 staff fully MECC trained, Vaping and E-cigarette leaflets available. TFC videos watching by all staff and residents
- ▶ **Standard 4 – Identification, Diagnosis and Support** – Free QUIT line available, staff survey, suggestions boxes, weekly site audit, email signatures, brief interventions documented, data collected and evaluated.
- ▶ **Standard 5 – Tobacco Free Environment** – TFC on monthly meeting agenda, HIQA audit and compliance forms available for review. All external visitors to the campus informed of TFC policy before they commence works inside or outside the building, Site audits carried out.



# Summary of Standards and Improvements.

- ▶ **Standard 6 Healthy Workplace** – Staff regularly engage in Health and Wellbeing initiatives eg Steps2Health, HSE Stress Balance Course, Minding Your Wellbeing Training, Annual Health and Wellbeing Day for Staff, Health Podcasts available, Active Healthy Me, World Hand Hygiene day.
- ▶ **Standard 7 – Community Engagement** – TFC Folders updated, Engagement with Irish Cancer Society for Cancer Prevention talks, regular Staff Quiz to engage staff and residents eg TFC theme in May, Meath County Council Not Around Me Campaign
- ▶ **Standard 8 – Monitoring and Evaluation** – Continuous review of TFC policy and implementation, Mandatory inspections from HIQA, Site Audit weekly, suggestion box, new signage is viewed, MECC – Brief Interventions documented. Celebration of World No Tobacco Day. TFC on Monthly management meetings. Evaluations are ongoing.

# TFC Audit Tool for Disabilities Louth Meath 2026

**HF** Tobacco Free Campus Audit  
Louth Meath Disability Services **hi** **QUIT**

Section 1- Walkabout Audit

Location:	Unit Manager:
Date:	Audit Completed by:

1.0 Is there evidence of smoking on site? (Cigarette butts, tobacco packaging etc.) If Yes Where?  <b>Follow up required</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
2.1 Is there a designated smoking area for service users on site? If Yes Where?	Yes <input type="checkbox"/> No <input type="checkbox"/>
2.2 Is there a flame retardant ashtray/bin available for disposal of cigarette butts?	Yes <input type="checkbox"/> No <input type="checkbox"/>
2.3 Is there evidence of inappropriate disposal of cigarette butts or tobacco packaging? If Yes give details:	Yes <input type="checkbox"/> No <input type="checkbox"/>
2.4 Is there evidence that the ash tray/disposal bin cleaned and emptied as required?  <b>Follow up required</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
3.1 Do you observe any person smoking on site? If Yes Who? Service User <input type="checkbox"/> Staff member <input type="checkbox"/> Visitor <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
3.2 Is this in breach of agreed clients tobacco use care plan or tobacco free campus regulations for staff?	Yes <input type="checkbox"/> No <input type="checkbox"/>
3.3 Have any breaches been reported to the line manager in the past month? If No auditor to report same. If Yes give details? Issue reported:  Reported by: _____ Date: _____ Actions taken to manage identified breach:  <b>Follow up required</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>

4.1 Do you observe any person vaping on site? If Yes Who? Service User <input type="checkbox"/> Staff member <input type="checkbox"/> Visitor <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
4.2 Is this in breach of agreed clients vape use care plan or tobacco free campus regulations for staff?	Yes <input type="checkbox"/> No <input type="checkbox"/>
4.3 Have any breaches been reported to the line manager in the past month? If No auditor to report same. If Yes give details? Issue reported:  Reported by: _____ Date: _____ Actions taken to manage identified breach:  <b>Follow up required</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
5.1 Is the HSE National Tobacco Free Policy available in the centre? If Yes Where?	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Follow up required</b>	
6.1 Is information available re smoking cessation supports available? If Yes Where?	Yes <input type="checkbox"/> No <input type="checkbox"/>
6.2 Is easy read information available for service users as required? If Yes Where?	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Follow up required</b>	
7.1 Are service users aware of Tobacco Free Campus Policy?	Yes <input type="checkbox"/> No <input type="checkbox"/>
7.2 Are staff aware of Tobacco Free Campus Policy? Comment/Response given:  <b>Follow up required</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
8.1 Is there evidence of smoking or vaping at the site entrance/perimeter? (Cigarette butts, tobacco packaging etc.) If Yes Where?	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Follow up required</b>	
9.1 Follow up actions complete  Sign: _____ Date: _____	

**HF** Tobacco Free Campus  
Louth Meath Disability Services **hi** **QUIT**

Section 2- Staff Survey

This survey is anonymous and confidential. In an effort to ascertain staff attitudes, staff smoking prevalence and the need for further support services, we would like staff to complete this survey.

Location:	Date:
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1.0 Sex: Male <input type="checkbox"/> Female <input type="checkbox"/> Age-Group: < 30 <input type="checkbox"/> 30-39 <input type="checkbox"/> 39-49 <input type="checkbox"/> 50-59 <input type="checkbox"/> >60 <input type="checkbox"/> Grade: Management <input type="checkbox"/> Nursing <input type="checkbox"/> HCA <input type="checkbox"/> Other <input type="checkbox"/>	
2.1 Are you aware that we are a Tobacco Free Campus?	Yes <input type="checkbox"/> No <input type="checkbox"/>
2.2 Do you know where to find the HSE National Tobacco Free Campus Policy?	Yes <input type="checkbox"/> No <input type="checkbox"/>
3.1 Do you agree with the implementation of Tobacco Free Campus Policy in this centre?	Yes <input type="checkbox"/> No <input type="checkbox"/>
3.2 What works well?	
3.3 Is there anything we could do better?	
4.1 As a healthcare employee, do you feel that the implementation of the Tobacco Free Campus Policy has positive consequences? - Improve health of HSE staff - Reduces smokers breaks - Improves HSE corporate image - Reduce litter problems - Encourages smokers to quit	Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/>
5.1 Are you aware of the supports that are available to help staff successfully quit or manage tobacco cravings at work? - <a href="http://www.quit.ie">www.quit.ie</a> - On-site Smoking cessation Support - Reduced cost Nicotine Replacement Therapies (NRT)	Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/>
6.1 What would you consider your role in the implementation of the Tobacco Free Campus policy? - Adhere to the policy and facilitate its implementation - Inform others of the Tobacco Free Campus policy - If you see a breach in policy politely ask the individual to stop smoking or leave the grounds - If you see a breach in policy ,inform line manager - Encourage smokers to quit	Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/>

# Email signatures for all healthcare workers

**HSE**  
**Tobacco and E-cigarette  
Free  
Campus**

**REGISTER NOW**  
for a call back from a  
Stop Smoking Advisor

**QUIT**

**hi**  
Healthy  
Ireland

If you would like support implementing  
the Tobacco Free Campus Policy in Louth  
& Meath email: [NEQuit@hse.ie](mailto:NEQuit@hse.ie)

# National Tobacco Free Campus Bursary Award Winners in Meath and Louth 2023

The HSE Tobacco Free Ireland Team hosted the National Tobacco Free Campus (TFC) Bursary award in 2023. The bursary was awarded to services in acknowledgement of their work in supporting the implementation and quality improvement of the HSE TFC Policy in each of their sites.

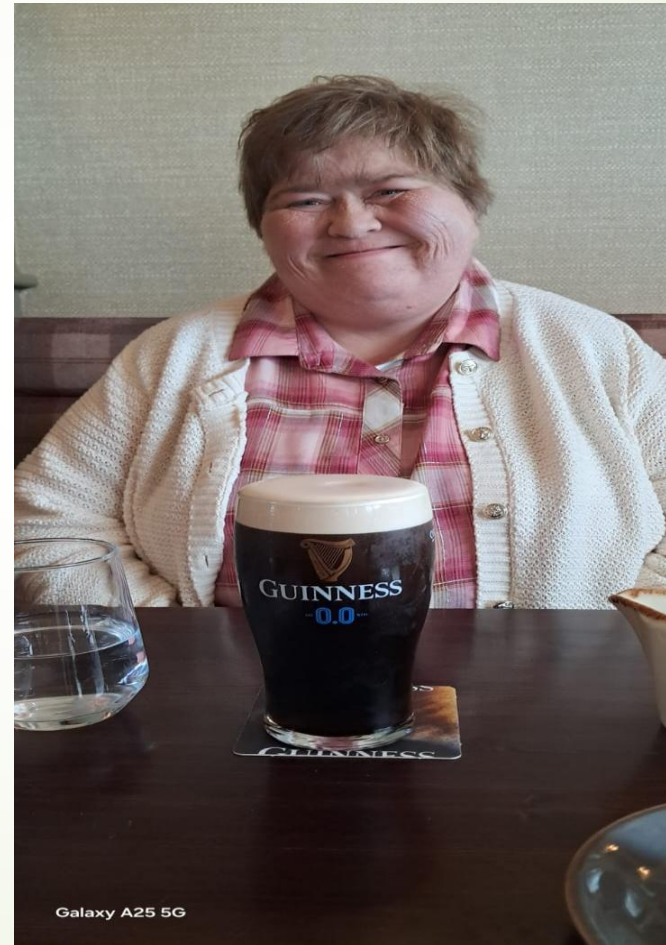
Tobacco Free Campus (TFC) policy implementation requires a whole-organisation approach and the buy-in of all management, staff and service users. Health Promotion and Improvement (HP&I) staff have a specific role in supporting TFCs and healthy public policies.



# Some images of our HSE Gold Award Site Visit 2025



# Sharing Rebecca's Journey and Success Story



# Our TFC Award 2023



# TFC Award Ceremony 2023

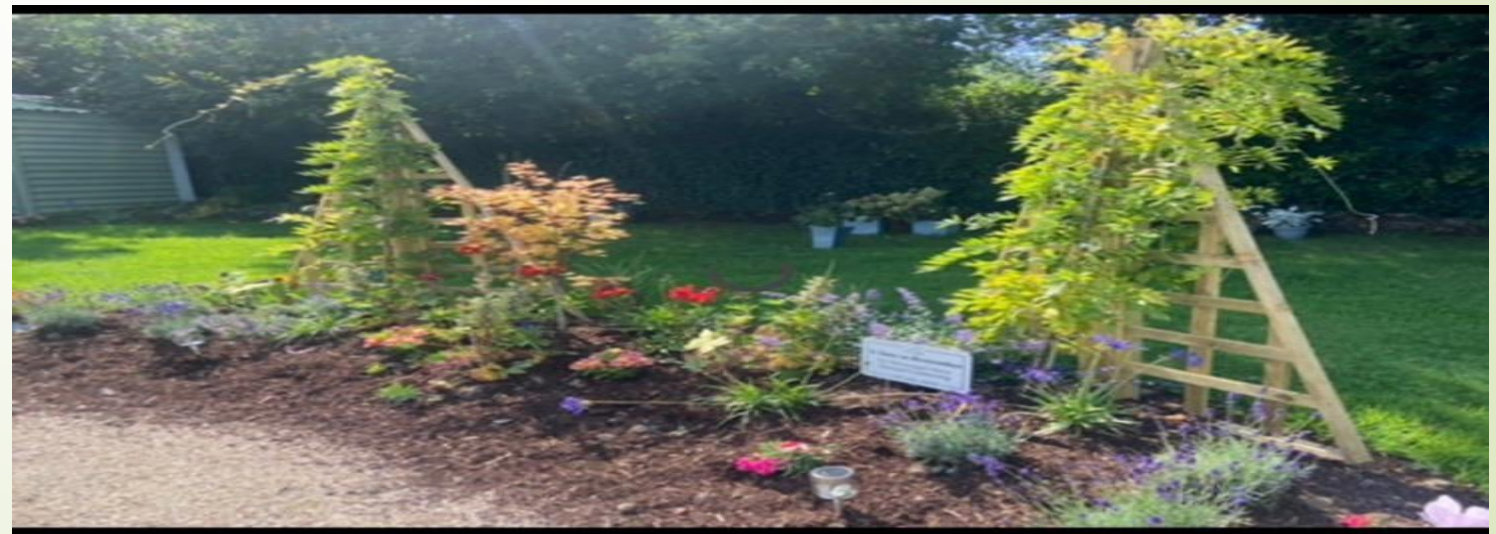




# TFC Gold Award Process

- ▶ Following the TFC Awards in 2023 we were eligible to enter for the GNTH Gold Award Process and we received a bursary for our service.
- ▶ Completed the Gold Award Process in 2025 and were unsuccessful
- ▶ However we re-applied in 2026 after lots of encouragement from Tobacco Free Ireland Programme and HSE colleagues
- ▶ Successful with GNTH Gold Award Status for 2026 and honoured to represent our Residents and Staff from our disability site to collect this award.
- ▶ We wish to thank Ed and his team sincerely for all their help and support with this Process and for HSE to allow us to attend this event in Malmo
- ▶ We would also like to thank HSE senior management for their continued support as we work towards replicating this achievement in other settings.

# Positive Outcome from Funding provided



## GOLD FORUM MEMBERSHIP

### Congratulation

On behalf of the Global Network, we thank you for participating in the GOLD Process 2026.

It was an inspiring experience for all involved experts reading the report and seeing the outstanding achievements implemented within it.

It is our great pleasure to inform you that the **An Draighnéan, HSE Disability** is now acknowledged as a Global GOLD Forum Member for the period 2026 – 2029

The Global Network GOLD Forum Membership gives recognition to healthcare services working on the highest level of Global Network standards implementation.

*S. Koalick*

Lead Gold Forum process GNTH

