

**GLOBAL NETWORK** FOR TOBACCO FREE HEALTHCARE SERVICES



# **GLOBAL NETWORK GOLD FORUM EVENT 2019** good practice

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Healthcare Service Name: Tartu University Hospital (TUH)

Country/Region: Estonia

Self-Audit Score 2018 (Standards 1-8): 140

Number of beds: 622



## Number of staff: 3023

Specialisation: Anaesthesiology and Intensive Care Clinic, Eye Clinic, Haematology and Oncology Clinic, Heart Clinic, Internal Medicine Clinic, Neurology Clinic, Radiology Clinic, Surgery Clinic, Traumatology and Orthopaedics Clinic, Women's Clinic, Department of the Pulmonology and Thoracic Surgery, Department of Maxillofacial Surgery

# Innovative/good practice: highlight implementation examples

## **GOVERNANCE AND COMMITMENT**

- Work Procedure Rules prohibits smoking inside the hospital and within a 30-metre radius surrounding the hospital
- Tobacco-free Health Care Environment Working Group sets annual goals and measures in TUH



HEALTHY WORKPLACE

- Annual Health Day Event and sport events for employees  $\bullet$
- Tobacco cessation success stories in the hospital's newspaper  $\bullet$



Suitsetamisest loobumine saab alguse loobuja peast

Kliinikum on alates 1. maist suitsuvaba haigla. Muutuse eesmärgiks on panustada patsientide ja töötajate tervisesse ja heaolusse ning kaitsta ja parandada kliinikumi sise- ja väliskeskkonda.

saanud ja saavad edaspidigi käia nõustamisel ning kui looumiseks on vaialik toetusravim, katab selle kulud üheordselt kliinikum Kliinikumi Lehel oli võ ialus rääkida Kärt Maana se Tallinna filiaalis ning o lnud tubakavaba 3,

suitseta, kas teie elukvali Utlen siiralt – vabanemis tunne on. Vaba tobedast oriu suitsu teha, seega pean sell kem kartsin närvilisust, une- suitsu praegu kohe tegema. ust ja kaalutõusu. Teadsin ko- Praegu, kui vaatan, kuidas he alguses, et päris ilma min- keegi otsib nurgatagust, e

a. Seega sai minu abiliseks

#### COMMUNICATION about tobacco-free policy

- Tobacco-free policy information through the hospital website, articles in local and national newspapers, patient brochures, hospital's health days and Group Counselling Service
- Annual "The Best Nurse" competition, where the one of the selection criteria is non-smoking

## IDENTIFICATION, DIAGNOSIS AND TOBACCO CESSATION SUPPORT

- Patient's smoking habits are documented in the electronic health record
- Tobacco cessation counselling service for the patients and employees
- Free nicotine replacement therapy for patients
- Free nicotine replacement/dependence therapy for employees
- Discussion Groups for patients, their relatives, students and employees





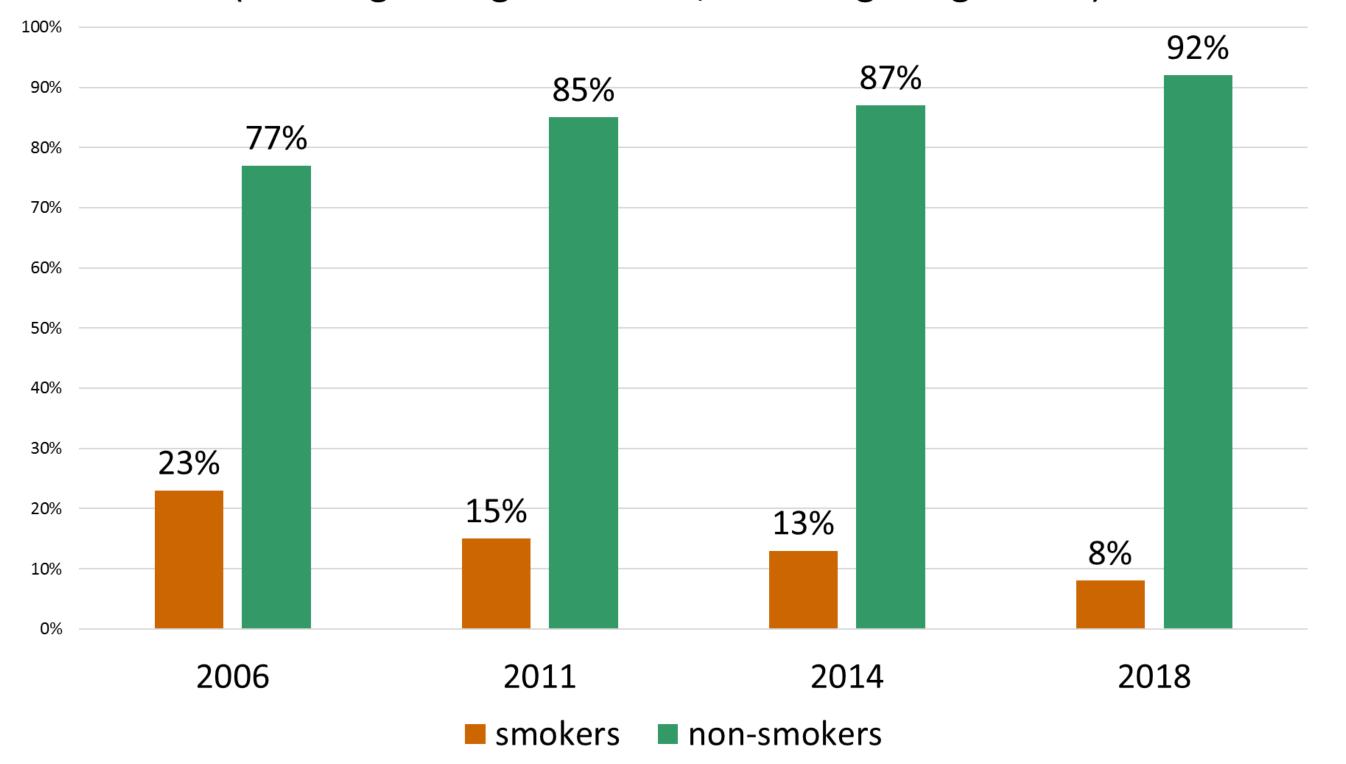
#### COMMUNITY ENGAGEMENT

- TUH involvement in the development of the guidelines in  $\bullet$ national level
- Health Day Events for the community

# MONITORING AND EVALUATION

Smoking prevalence survey among TUH employees  $\bullet$ 

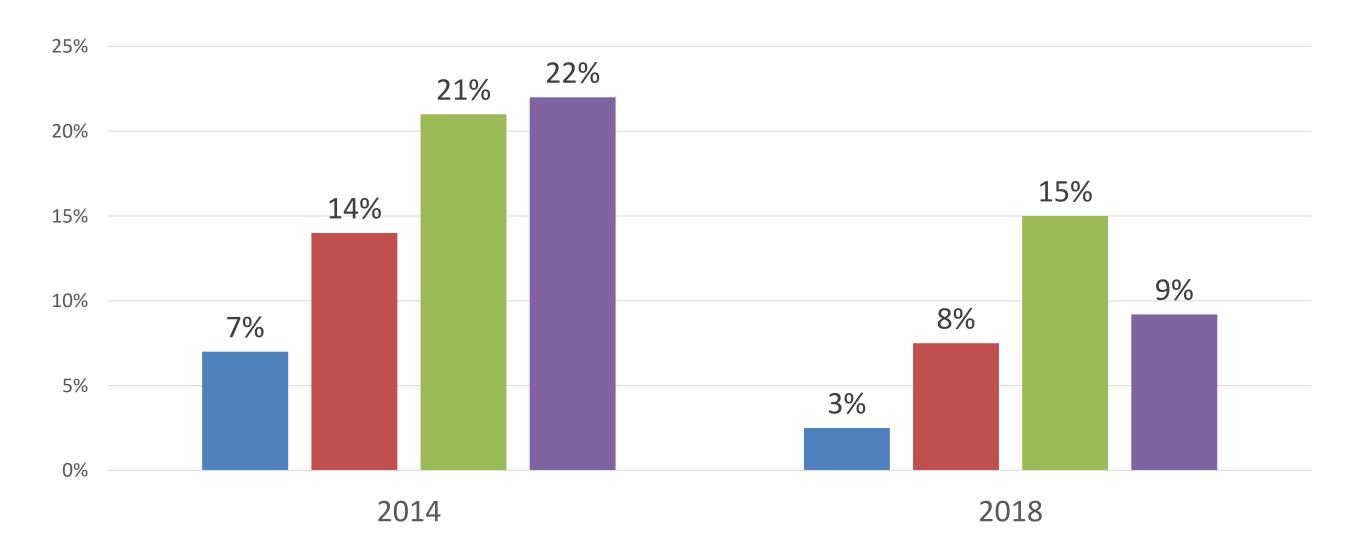
> Prevalence of smoking among TUH employees (smoking during work time, including e-cigarettes)



#### **TOBACCO-FREE ENVIRONMENT**

- In the event of a policy violation, the case can be recorded in the  $\bullet$ electronic Patient Safety Reporting System (PSRS)
- TUH System for Registration of Proposals and Complaints includes registration of the complaints related to smoking

#### Prevalence of smokers among TUH employees by occupational groups



Physicians/residents Nurses Ancillary staff Support staff