

GLOBAL NETWORK GOLD FORUM EVENT 2019

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Healthcare Service Name: Fundació Privada Hospital Asil Granollers. Catalonia, Spain.

Self-Audit Score 2018 (Standards 1-8): 138/144

Size/ number of beds: 295 treble beds - Number of staff: 1584

Specialisation: internal medicine, cardiology, pneumology, endocrinology, oncology, rheumatology, neurology, urology, dermatology, hematology, allergology, pediatrics, geriatrics, general surgery, vascular surgery, pediatric surgery, reconstructive and maxillofacial surgery, ophthalmology, otorhinolaryngology, orthopedic surgery and traumatology, gynecology and obstetrics, anesthesiology, laboratory, radiodiagnosis and occupational health.



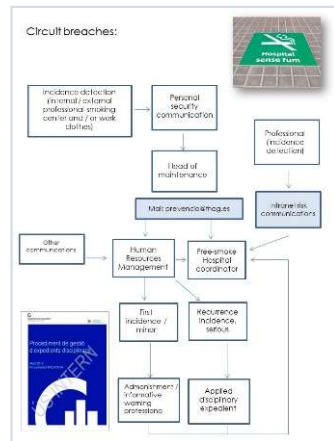
STD 5 – TOBACCO-FREE ENVIRONMENT

Breaches by smoking workers

The strategies to guarantee a "100% smoke-free Hospital" are described in the **Prevention Tobacco Use Plan**, in accordance with the current Law 42/2010 and Law 3/2014.

Performance:

The action circuits are described in case of non-compliance, sanctioning regime and internal disciplinary regime. All these aspects are mandatory for both internal professionals and external professionals or entities.



In 2018, a key action was proposed to manage **conflicting points** identified within the premises and zero tolerance to smoking professionals inside the premises and / or with work clothes. To this end, the following was carried out: 1. Monitoring of incidents with daily round of **security personnel** (in different shifts and journeys) and random rounds of members of the **promoter committee**, including the **Personnel Director**. 2. Information and awareness-raising actions in multiple internal **forums**: works council, health and safety committee and other forums for managers and management teams; 3. Communication of "**Management Notes**" and re-empowerment of the smoking cessation program for smokers on the intranet. 4. Additional and specific anti-tobacco signage in the trouble spots. 5. Face-to-face verbal warning by the **HR Director** in all detected breaches.

Annually all infractions and conflicting situations are registered. For monitoring, seven indicators have been defined.

All these circumstances are analyzed by the Promoter Committee, and they are also registered in the HR Management and Quality Management.

Data Summary:

- ✓ In 2018, there were **7 breaches** of the regulations by own workers, 2 incidents by external professionals and 4 by users.
- ✓ **11.9%** of workers are smokers (tobacco prevalence survey 2017).
- ✓ **79.5%** of workers consider an optimal compliance with the normative (tobacco prevalence survey, 2017).
- ✓ **All workers** sign their commitment to anti-smoking policies and the **smoke-free Hospital** Project in their contract.

STD 3 – EDUCATION AND TRAINING

The **brief intervention**, well structured and adapted to the smoker patient, turns out to be an effective intervention and with a high cost-effective valuation. According to studies, performing an intervention of less than 3 minutes can reach a smoking cessation rate of 13.4% (Fiore et al. 2000).

Strategies to encourage training in brief intervention:

1. Incorporation into the **Internal Training Plan**, online and permanently for all sanitary and non-sanitary professionals.



2. Realization of in person "**mini-sessions**" in all the hospitalization units and in all work shifts, directed especially for nursing staff, with the aim of favoring assistance and solving practical cases.

3. Inclusion in the **Host Training Plan** of all new resident doctors, as required.

4. Quarterly sending of a **newsletter** addressed to all employees on training actions in brief intervention or other actions related to tobacco and healthy habits.



Data Summary:

- ✓ Currently, there are **451 professionals** trained in brief intervention.
- ✓ **59%** of doctors and **79%** of inpatient and outpatient nurses have received this training.
- ✓ **99%** of the coordinating nurses of the hospitalization units, supervisors and referring professionals have carried out anti-smoking training.
- ✓ **All workers** have been informed about the anti-smoking policies promoted by the Hospital.

