





GLOBAL NETWORK GOLD FORUM EVENT 2019 Standard 4 – Tobacco Cessation Treatment Standard 7 – Community Engagement and Cooperations

Michael Willis / Stefan Wehinger / Wolfgang Grabher

Healthcare Service Name: Stiftung Maria Ebene Krankenhaus

Country/Region: AUSTRIA / Vorarlberg

Self-Audit Score 2019 (Standards 1-8): 139 (2018: 127)

Size / number of beds: 50 Number of Staff: 51

Specialisation (Departments, diagnosis): Psychiatry, addictions (nicotine, alcohol, sedatives, pathological gambling)



Standard 4 - Tobacco Cessation Treatment

Group therapy (6 meetings – 2 hours) Individual therapy (6 times – 45 minutes) Acupunture (3 sessions) Follow up 1 (3 months later) Champix (Max. 8 weeks) Nicotine replacement Inpatient (21 days at hospital)

Inpatient smoking cessation treatment

- · CBT-based smoking cessation treatment
- All inpatients are systemically referred to the free smoking cessation service at the hospital – lecture for all inpatients "tobacco and nicotine"
- Group treatment once a week, possibility for medication, NRT, acupuncture, individual treatment, ...
- 2018 about 90 inpatients were in the smoking cessation groups

Outpatient smoking cessation treatment (see figure)

- Regional smoking cessation program for population of the federal state Vorarlberg – cooperation with regional health insurance and regional state government
- Since 2013 about 1.200 first consultations, 47 smoking cessation groups, 240 individual treatments, 212 acupuncture treatments, 63 inpatient smoking cessation
- · Quit rate (intention-to-treat) 2016:

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- · Individual treatment: 30,4%
- Group treatment: 36,7%
- Inpatient smoking cessation (3 weeks): 37,5%

Standard 7 – Community Engagement and Cooperations

Engagement

- Within the Foundation Maria Ebene
- Other healthcare services (regional hospitals, health insurances, national addiction-hospitals, ...)
- Several press articles in regional media
- Interviews in press or on TV
- Press conferences (see picture with the regional minister of health)
- Information and support for the petition "don't smoke" smoke free gastronomy
- Action at the "World No Tobacco Day"

Cooperations

- SUPRO regional center for prevention of addictions
- Lectures and smoking cessation programs for regional companies or hospitals
- Consultation service for inpatients from the hospital in Hohenems
- National Quitline "Rauchfrei Telefon" (http://www.rauchfrei.at)
- Austrian Network Meetings for Smoking Cessation Experts







Michael Willis

smokefree area – thank you

Christian Bernhard