

Working on the Path to Smoke-free Hospital



佛教大林慈濟醫院

Buddhist Dalin Tzu Chi Hospital

Ming-Nan Lin, M.D., MPH

President

Health Promoting Hospital Society, Taiwan

Chair, HPH & Environment Task Force

HPH international Network

President

Vegetarian Nutrition Society,

Taiwan





佛教大林慈濟醫院
Buddhist Dalin Tzu Chi Hospital

STANDARD 1 – GOVERNANCE & COMMITMENT

STANDARD 1— Management and Commitment

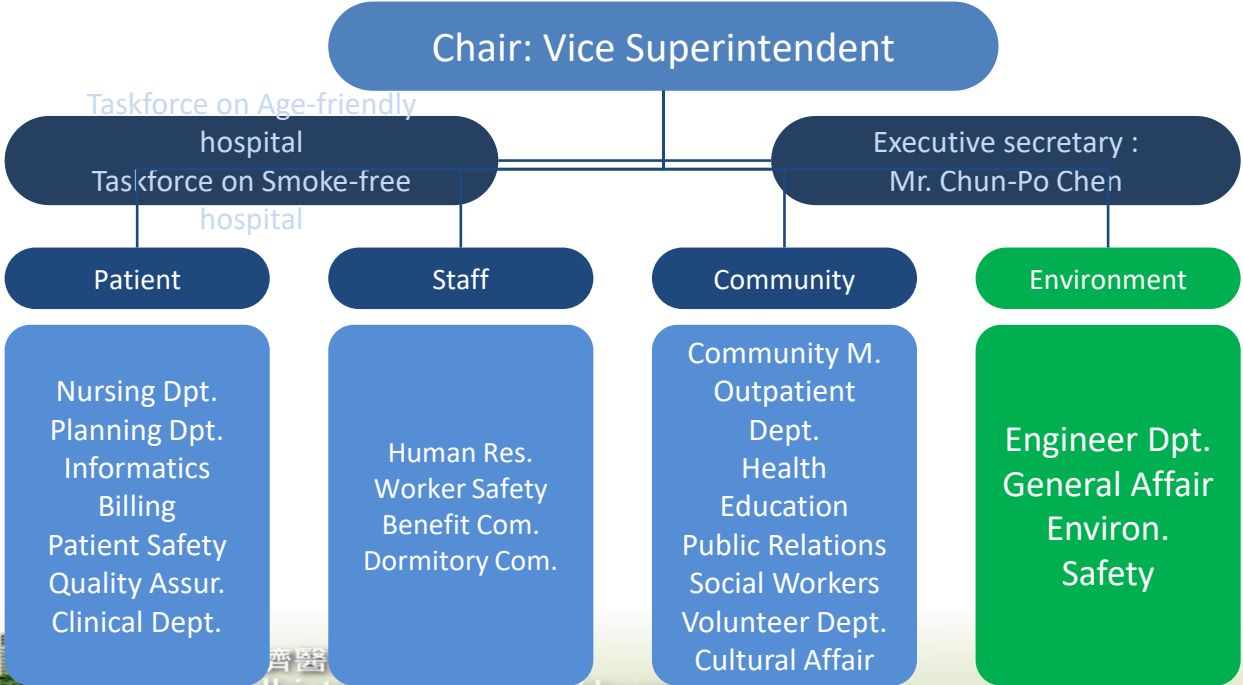
1-1 Systematic Implementation of a Smoke-Free Policy

- We have strong leadership to systematically implement tobacco-free policy
- The superintendent and other directors from different department/office always had propaganda by walking around and pledged tobacco-free policy.



1-2 The organizational chart of Health Promoting Hospital Management Committee

Dalin Tzu Chi Hospital implemented Health Promoting Hospital since 2007 and formed the Health Promoting Hospital Management Committee and had regular meetings. There are 4 Groups and 2 taskforces under the committee: Staff Group, Patient Group, Community Group, and Environment Group; Tobacco and Betel Nut Free Hospital Taskforce, and Age-Friendly Hospital Taskforce



An annual tobacco control plan and objectives are established

All indicators have met the targets, and the smoking cessation success rate is good

指 標 項 目	objective value (percentage) in 2024	2023	2024 (1~9月)
No. of OPD patients (18 y/o +) had smoking cessation counseling	≥30%	100% (2718/2718)	100% (2454/2454)
No. of inpatients (18 y/o +) had smoking cessation counseling	≥30%	100% (2110/2110)	100% (1563/1563)
% of point cessation at 3-mo VPN	≥27%	31.19% (34/109)	34.18% (27/79)
% of point cessation at 6-mo VPN	≥25%	33.03% (36/109)	35.21% (25/71)
No. of smoking cessation class in workplaces	≥10	21	17
No. of smoking cessation services for pregnancy women or families/young generations	≥20	19	24
% of the report and follow up smokers who received counseling at 3-mo	≥70%	100%	100%
% of the report and follow up smokers who received counseling at 6-mo	≥50%	100%	100%

The Smoke-Free Hospital Group holds regular meetings and has clearly defined responsibilities.

112年03月07日無菸小組會議追蹤事項				
編號	議題	決議	建議負責單位/人員	議題狀態
1	VPNG個月戒菸點成功率下降	與鄰近醫院比較是否有差異	社區健康照護室/周美碧、陳慧奇	<input type="checkbox"/> 結案 <input checked="" type="checkbox"/> 追蹤議題
2	口單解禁後，醫院正門外圍道路旁、急診車道旁，仍有病人抽菸	建議環管組加裝監視器及文字告示牌，以達警示效果	庶務組/莊怡錦	<input type="checkbox"/> 結案 <input checked="" type="checkbox"/> 追蹤議題
3	優仕咖啡戒菸班規劃及校園戒菸班進度	戒菸班人員招募及細節仍持續追蹤中	社區健康照護室/周美碧、陳慧奇	<input type="checkbox"/> 結案 <input checked="" type="checkbox"/> 追蹤議題
4	週六戒菸個案遠端登錄VPN，是否需同仁出勤服務	1. 因週六個案數不多，暫不考慮讓同仁出勤，如日後個案增加再行討論。2. 針對遠端部分再與門診溝通，製作登記本以防遺漏	社區健康照護室/周美碧、陳慧奇	<input type="checkbox"/> 結案 <input checked="" type="checkbox"/> 追蹤議題
5	戒菸醫師資格於112/12/31即將到期名單	請醫事室協助提醒	醫事室/游宜芬	<input type="checkbox"/> 結案 <input checked="" type="checkbox"/> 追蹤議題
6	菸害防治室專文室更新	須依112年新版菸害防治法製作，但因最後生效日期：行政院未定(新版規定菸品包含 類菸品 ：指以菸品原料以外之物料，或以改變菸品原料物理性態之物料製成，得使人模仿菸品使用之尼古丁或非尼古丁之電子或非電子傳遞組合物及其他相關產品)。	社區健康照護室/周美碧、陳慧奇	<input type="checkbox"/> 結案 <input checked="" type="checkbox"/> 追蹤議題

Enhanced the tobacco-free environment in Q1 2023

(五)無菸環境營造

- 說明：
 1. 急診區屬檳榔的情形有增多。
 2. 本土文化區發現一處有特定人員聚集抽菸地點。10/19增加禁菸標示及停車場增加巡檢勸導。
 3. 五、六樓空中花園抽菸人數增加發現抽菸者多利用下班或夜間於上述區域抽菸
- 改善計畫：
 1. 請保全協助注意加強宣導。保全重點區域增加巡檢，月中檢視稽核數據。
 2. 停車場清掃本土文化區人員使用遙控器機動播放禁菸檯
 3. 五、六樓空中花園增加禁菸告示與下班後時段保全巡邏勸導，持續觀察



加強5、6樓空中花園無菸環境營造

大林慈濟醫院公告

主旨：5樓空中花園全面禁菸敬請配合！

說明：

1. 醫院為全面禁菸場所，違反者將會處。處罰2,000元-10,000元不貲。
2. 二手菸害已經影響孕婦及其他人身體健康與就醫情緒，請勿在公共場所、傷害自己與危害他人健康。
3. 請所有同仁一起監督、勸導，醫院全面禁菸。

 感謝您合作，敬祝 身體健康！

煙草科門診及護理室宣講組 關心您
專責協助專線：9075、79075

5樓空中花園往病房 5樓婦產科往空中花園
5樓空中花園往診區 5樓病房往空中花園

Staff employment documents (including subcontracts) require commitment by all staffs to Dalin Tzu Chi Hospital's tobacco-free policy.

佛教慈濟醫療財團法人大林慈濟醫院新進同仁須知

- 一、本院宗旨：本院秉持「尊重生命、人本醫療」之精神以「守護生命、守護健康、守護愛」為宗旨，並以病人為中心，期許同仁、病人和志工，三者互愛與感恩，造就雲嘉地區守護生命的醫療磐石。
- 二、為增進新進同仁對慈濟和高齡友善之瞭解，人文營隊和老人體驗為本院必修之教育訓練課程，請同仁一律參加。
- 三、同仁於到職日即簽定同仁聘任合約書（勞動契約）。本院任用同仁除特殊情形經核免試用期者外，應一律試用，試用期天數依聘任合約書約定，必要時得延長。試用期經考核合格者，始得正式任用；不合格者，原勞動契約即予終止。

九 注意事項：

- (一) 同仁請勿攜帶葷腥食物進入院內食用，為維護同仁健康及環境清潔安全，院區內一律禁菸(含電子煙)，並請勿嚼檳榔及酗酒。

All subcontracts should sign “the Commitment of Safety and Health” to follow the regulations which prohibit to accept any sponsorship of funding from tobacco industry as well as the sale of their products and associated devises/e-cigarettes.

伍、工作所需設備，工具及工作前之檢查與工作安全措施：

- 5.1 施工前應先行勘查或測定工作環境，如發現有危及安全之疑慮時，應立即採取適當有效之改善措施，或向發包人員報告，如因情況特殊得商請承辦單位，協助指導作妥善之預防措施後，始可施工。
- 5.2 工作人員在本院作業時，禁止抽菸、吃檳榔、喝酒、赤膊、赤腳、或穿拖鞋工作，必要時應視安全上之需要，使用適當的各項個人防護器具(如安全帽、安全鞋、安全帶、安全眼鏡)。

STANDARD 2 – COMMUNICATION

2-1 Creating the supportive environment

- Implementing the tobacco-free policy actively and post related posters everywhere such as website, health education area of outpatient department, entrances, recreational areas, the exit of stairs, wards, toilets etc. Moreover, we also provide group health education in outpatient and inpatient departments, and scheduled broadcast.

The tobacco free posters
in hospital campus



The tobacco free
posters



Placing
educational



Provide scheduled
broadcast.

Broadcasting the
tobacco control
information for
scheduled: 10:30 am
and 2:30 pm in the
hospital campus



Using the interactive and targeted **social media** to communicate with tobacco-free policy and providing availability of smoking cessation services to all patients, staffs and subcontractors by Facebook, Line, and website.



The Vice President of the hospital urged smoking cessation for health at all entrances and exits."



Smoke Sensors

- Setting up the smoke sensors in the smoking hot spots including the waiting areas of shuttle bus, the automatic payment machine area, local cultural area (recreation area), and in the ward 7A, 9A, 11A, 6B, 8B, and 10B. The sensors will broadcast information of no smoking repeatedly while someone is smoking.



Provide Health Lectures

Provide health lectures



Provide health lectures



Provide health lectures



smoking cessation services by health educators



2-3 Cooperating with communities and neighborhood elementary to provide smoking cessation services



佛教大林慈濟醫院
Buddhist Dalin Tzu Chi Hospital

Workplace Smoking Cessation Service

Smoking Cessation Classes



Military Smoking Cessation Classes



Workplace Smoking Cessation Classes



Youth Smoking Cessation Service



The tobacco free policy is supported by leadership in hospital

- Subcontractors and hospital volunteers assist in promoting tobacco harm prevention.
- The deputy director leads the team in mobile advocacy for smoking cessation



Buddhist Dalin Tzu Chi Hospital

STANDARD 3 – EDUCATION & TRAINING

3-1 The smoking cessation courses

. We provided smoking cessation clinician training courses each year in our hospital and also send staffs to participate in training courses



3- 2 Training the key smoking cessation clinicians

- There **are 1231 clinicians (58%)** completed basic smoking cessation educator training, **575 clinicians (27%)** completed advanced smoking cessation educator training
- We have 29 specialists were qualified to be the smoking cessation physician in the Department of Family Medicine, Thoracic, Metabolism, and Dentistry.

The No. of the clinicians to participate the smoking cessation courses in 2023

Course\clinicians		Doctor	Nurse	Medical technologist	staff	Total
Basic course		109	692	298	132	1231
Advanced course		-	509	66	-	575
certified smoking cessation Training		29	73	4	-	106
Registered staffs		315	857	453	507	2132
Complete rate	Basic course	35%	81%	80%	26%	58%
	Advanced course	9%	59%	15%	-	27%

STANDARD 4 – IDENTIFICATION, DIAGNOSIS & TOBACCO CESSATION SUPPORT

4-1 Refer the smokers and provide smoking cessation services

we will access the willingness to quit of the smokers and inform the smoking cessation nurse to educate and refer by the e-mail and SMS at first moment

Taskforce e-mailed the inpatients smoker list to each head nurse in Note system

新信件 | 回信給寄件者 | 回信給所有人 | 轉寄 | 刪除 | 後讀 | 資料夾 | 複製為 | 重訊 | 工具

陳碧奇大林護理部/medicase/Tzuchi
2023/10/11 上午 07:42

收件人 劉盈君/medicu
洪都遠大林護

副本抄送
副本密送
主旨 請協助住院戒

護理長 日安：
以下為單位有抽菸病人名單，請協助戒菸宣導及轉介
若有戒菸需求，請聯絡分機1150或5405，感恩

衛診日期	床號	姓名	主治醫師
20231010	1716-2	詹吉	蔡維
20231010	1721-3	詹芳	方智
20231010	1725-2	沈精	方智
20231009	1801-2	許得	蔡維
20231010	1809-2	林華	李意
20231009	1822-2	廖	黃
20231010	1906	蔡凱	陳付
20231009	2013-5	葉	李
20231009	2022-2	許	廖
20231010	2115-1	黃	黃
20231010	2715-1	蔡	黃
20231009	2922-1	吳	黃

社區健康照護室

To inform case manager to enroll the smokers by SMS

戒菸意願:13診 53
號,F [redacted] 黃 [redacted]
055712632,0952328037

戒菸意願:131診 58
號,F [redacted] 黃 [redacted]
055712632,0952328037

戒菸意願:61診 39
號,F [redacted] 黃 [redacted]
055712632,0952328037

下午 4:45

戒菸意願:116診 47
號,Q [redacted] 廖 [redacted]
0900314899,0932773098(弟
弟)

戒菸戒積意願:3診 31
號,P2 [redacted] 丁 [redacted]
052379177,0919700521

剛剛 · 透過 台灣之星

4-2 The Shared Decision Making for smoking cessation

- The Shared Decision Making (SDM) in smoking cessation assist patient to choose effective smoking cessation service and promote the smoking cessation effectiveness.
- We implemented the SDM for inpatients and patents from the Department of Obstetrics & Gynecology and be awarded by the Minister of Health and Welfare.

The PDA of SDM

我想戒菸，我的選擇有什麼？

佛教大林慈濟醫院
醫病共享決策輔助評估表
Buddhist

The Excellent Award in Implementing SDM (topic is smoking cessation services)

賀 大林慈濟醫院參與 醫策會
108年 醫病共享決策(SDM)醫療機構實踐運動
榮獲 機構推廣組 **「實踐績優獎」**

推動主題：
(1) 如果我的親人很難脫離呼吸器，需要做氣切嗎？
(2) 我想戒菸，我的選擇有什麼？

2019 醫病共享決策 SDM 成果發 徵頒獎典禮
實踐績優獎

4-2 The Health Management Center

- The Health Management Center has 26 health case managers. They care for 19 chronic diseases and also provide smoking cessation and referral services.
- We would focus on the the chronic disease patient, pregnancy and his/her family with the metabolism, AMI, COPD and CKD to provide smoking cessation services.

健康管理中心 個案管理系統

服務時間：星期一至星期五全天 08:00-17:30
星期六上午 08:00-12:00

糖尿病嘉雲版	心臟病	肝炎(斗六)	腦中風
結核病	風免疾病		慢性腎臟病
胸腔暨結核	中醫科	癌症篩檢	脊椎暨FLS
成人健檢	膝關節	腦中風	統計資料
婦產科	周邊血管	心臟病	初期腎臟病
高齡整合	失智症	人工關節置換	環保志工(Beta)
列管原因清單	註記維護		整合式篩選系統

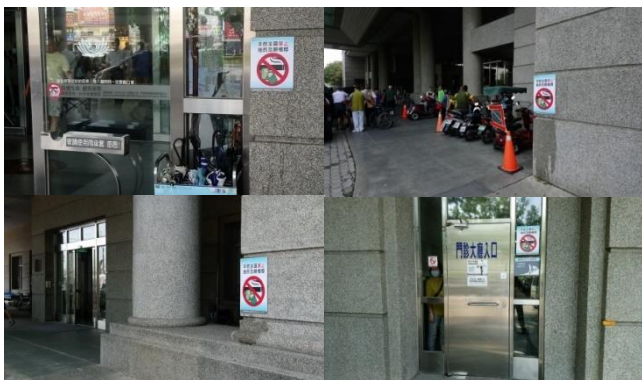
- By the end of 2024, the total number of managed cases is 27,455.

STANDARD 5 – TOBACCO-FREE ENVIRONMENT



5-1 Building the tobacco-free environment

The No-smoking signs are located in the hospital campus (inside and outside)



醫院入口禁菸檳告示



空間出入門禁菸檳告示



醫院無菸檳海報宣導



熱點裝置
自動感應
勸導共7處



5-2 Building the tobacco-free environment

- The hospital strongly supports the policy of tobacco-free hospital with budge and workforce to improve the tobacco-free hospital environment and enforce the tobacco-free programs.
- The superintendent and other directors from different department/office always advocate and pledged tobacco-free policy.



停車場與清潔重點清掃宣導



STANDARD 6 – HEALTHY WORKPLACE



6-1 Encourage staff to quit smoking

Case manager of staffs and the incentives to staff who quit smoking successfully

戒菸金讚  **名** **10**


1年不吸菸，獎金1000元送給您！！

戒菸活動參與者，須確實參與三階段戒菸活動，且一年內成功戒菸，即可獲得戒菸獎金！

【活動內容】

適用對象：在職同仁、常駐型外包商同仁

第一階段：公告並鼓勵同仁報名，**額滿結束**報名，報名者須測量CO濃度量，
認識吸菸引響健康程度，並**簽署戒菸切結**。

第二階段：參與戒菸門診(監測半年)，參與者可獲得**精美小禮物** 

第三階段：半年後成果驗收，於成果發表會心得分享，頒發**戒菸獎勵金**。

【注意事項】活動結束後又復抽者，經提報或被發現，將依醫院員工工作規則提報懲處。



佛教慈濟醫療財團法人大林慈濟醫院
Dalin Tzu Chi Hospital, Buddhist Tzu Chi Medical Foundation

【報名請直撥專線：5088】

For employees who smoke, health case managers provide health education and information about smoking cessation services



大林慈濟護理管理資訊/Medical/Twchh
寄件人：林欣怡/大林護理部
2018/10/28 下午 01:49
收件人: hcase@twchh@twchh
副本抄送:
副本寄件:
寄件日期:
主旨: 戒菸獎金通知函

放下  **· 你可以!**

讓我們幫助你 

戒菸的好處

- 1. 戒下烟癮
- 2. 預防健康
- 3. 戒了癮成
- 4. 戒煙持久
- 5. 不再咳嗽
- 6. 戒了菸味
- 7. 戒煙戒癮

1. 預防健康
心臟及血管恢復正常
降低患心臟病及中風的危險

2. 戒煙持久
血液中的尼古丁和一氧化碳
濃度迅速降至正常濃度

3. 戒煙戒癮
一氧化氮增加，幫助肺部
清除廢物及防止積滯

4. 不再咳嗽
肺部組織修復起來了，
咳嗽和喉嚨改善
肺部更加健康，呼吸
變得輕鬆多了

5. 戒了菸味
只要開始停止吸菸，
體內尼古丁、一氧化
碳、焦油不斷被清除

6. 戒煙戒癮
血液循環大為改善
減少體能，哮喘等呼吸
問題，肺功能增加10%

7. 戒煙戒癮
心臟病發作機會減半
中風
肺病發生機會減半
心臟病發作後復原時間
顯著縮短

有意願戒菸專線：1320 · 歡迎來電諮詢

護理部健康管理中心
直撥電話 林欣怡/楊來玲
分機 1320 - 關心您~


6-2 : Promoting HPH obtain certification

- Received the HPH certification trial evaluation conducted by HPA in 2020, with the evaluation result being a gold form.
- Dalin Tzu Chi Hospital owned the Gold Quality Label for Health Hospital 2.0 certification from HPA. In 2020
- We owned the **IHF Awards 2023 Excellence Award for Healthcare Workers' Wellbeing- Gold Award Winner**



Thanks for Listening !! 感恩!!



Ming-Nan Lin, M.D., MPH
Email: mingnan.lin@gmail.com