

City Health International Conference 2017 Basel Switzerland



GLOBAL NETWORK
FOR TOBACCO FREE
HEALTHCARE SERVICES

Tobacco-free Hospital - GOLD STANDARD

Kaohsiung Veterans General Hospital, Taiwan

Tobacco-free Hospital with the concept of Bio-Ecosystem
A Taiwan's Experience

Background
An ecosystem is the network of interactions between organisms and their environment. They depend on each other. If any one of them is absent, the ecosystem is not stable. The more diverse the ecosystem is, the more stable and resilient it is.

The hospital is the most appropriate environment for a comprehensive stop smoking cessation clinic. A tobacco-free environment, smoking cessation group therapy, and a tobacco-free environment.

The hospital as an ecosystem. Smoking cessation services will be more stable and effective if easier to implement. Smoking cessation services will be more effective if they are supported by the hospital's tobacco-related policies and procedures.

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Tobacco-free Hospital - GOLD STANDARD

Alfred Health, Australia

Butt in To Butt out Pharmacist Led Clinical Model

Background
Since 2012, Alfred Health has adopted a pharmacy-led, brief intervention model of care in which every inpatient is asked if they smoke, their level of dependency assessed and support including nicotine replacement therapy (NRT) offered.

Method
Treating pharmacists systematically ask all patients their smoking status during the admitting medication history interview. Ideally, the intervention forms part of a quit attempt, but it may act as a temporary measure to help the patient adapt to a totally tobacco-free environment, with pharmacists prescribing NRT according to an evidence-based algorithm.

Result
As a result of these practice improvements, relevant performance measures (delivery of brief intervention) rose from 11% in 2011 to more than 95% in 2013 and sustained at those levels, including among patients with mental illness where smoking rates exceed 70%. Alfred Health patients are four times more likely to quit smoking than those who are not supported. Smoking around the perimeter of the Alfred by all people has reduced to one third of its original levels, most markedly by 80% among patients specifically following the introduction of improved clinical management of nicotine dependency. The outpatient tobacco free clinic achieved smoking cessation rates of around 42% - far higher than industry benchmarks despite its more complex patient population.

Conclusion
The introduction of a pharmacy-led, brief intervention model of care in which every inpatient is asked if they smoke, their level of dependency assessed and support including nicotine replacement therapy (NRT) offered, has resulted in a significant increase in the delivery of brief interventions and a reduction in smoking rates around the perimeter of the Alfred.

Key Messages
- A pharmacy-led, brief intervention model of care can be implemented in a hospital setting.
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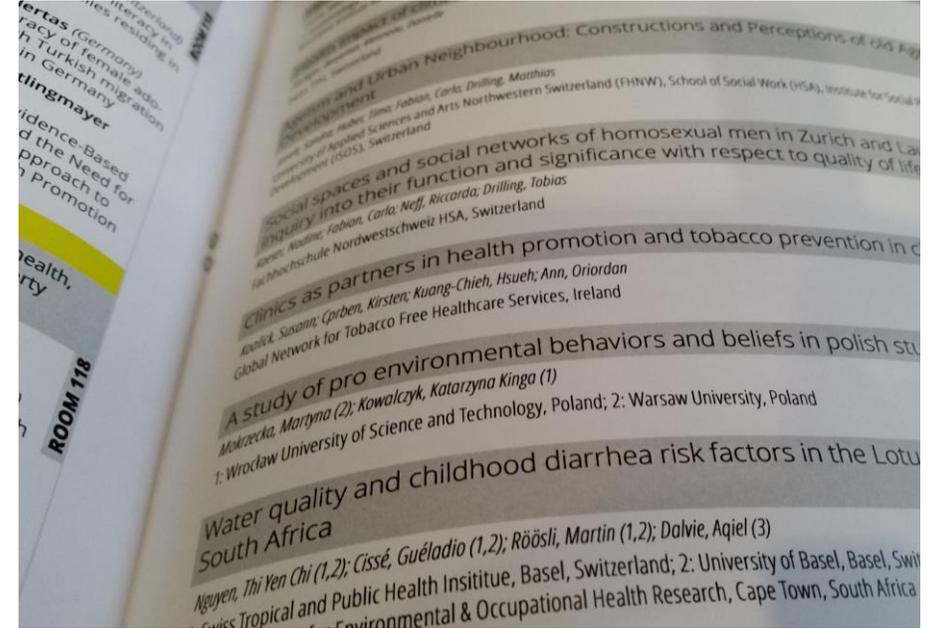
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Poster - presentation Global Network For Tobacco Free Healthcare Services
Clinics as partners in health promotion and tobacco prevention in cities
Dr Hsueh, Kuang-Chieh, TAIWAN , Emma Dean, AUSTRALIA , Susann Koalick, SWITZERLAND , Ann ORiordan, IRELAND
