

Taiwan Gold Forum process Experience

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100%
SMOKE FREE
ENVIRONMENTS

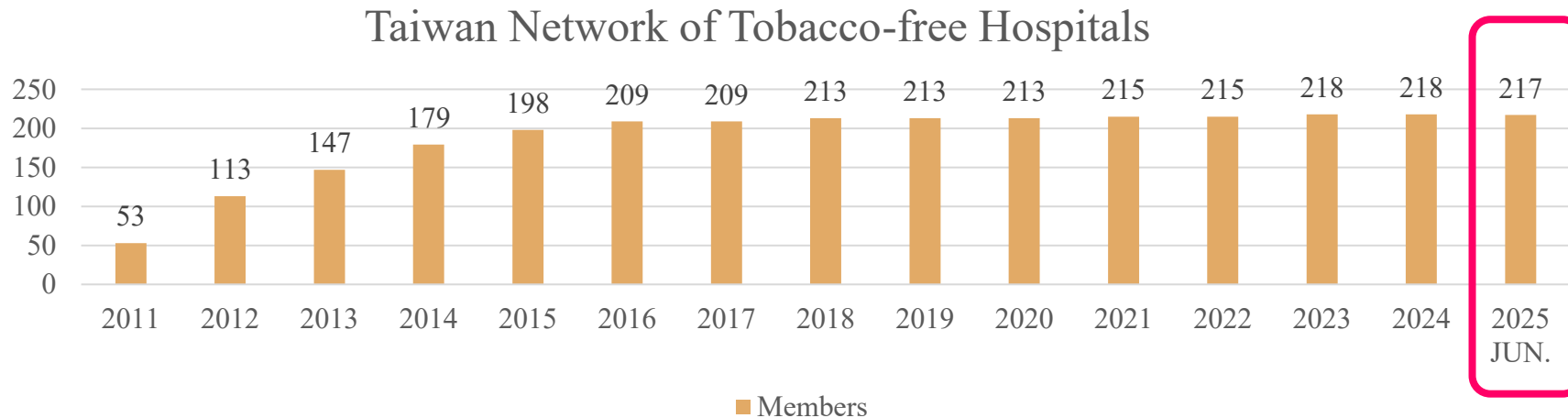


Outline

- 1 Taiwan Network of GNTH**
- 2 Amendment of the Tobacco Hazards Prevention Act**
- 3 Smoking Cessation Service and Reform**
- 4 Future Perspectives**

Taiwan Network of Tobacco-free Hospitals

- The Global Network for Tobacco Free Healthcare Services (GNTH) was founded in 1999, with Taiwan becoming a member in 2011.
- We have continued extending Taiwan Network of Tobacco-free Hospitals through cooperation with Taiwan HPH network and our local government.
- By 2025, a total of **217** hospitals have joined, and among them, **45** hospitals are awarded as Gold Forum members.



Recommendation Process for Taiwan Network Hospitals

Notification

- Member hospitals of the Taiwan Network will be informed of the current year's GNTH Gold Award application process and interested hospitals will be invited to submit their applications.

Review and On-site Visit

- Applications will be reviewed by experts through **on-site visits** to assess whether hospitals meet the eight international GNTH standards. Candidate hospitals will then be selected.

Form A Submission

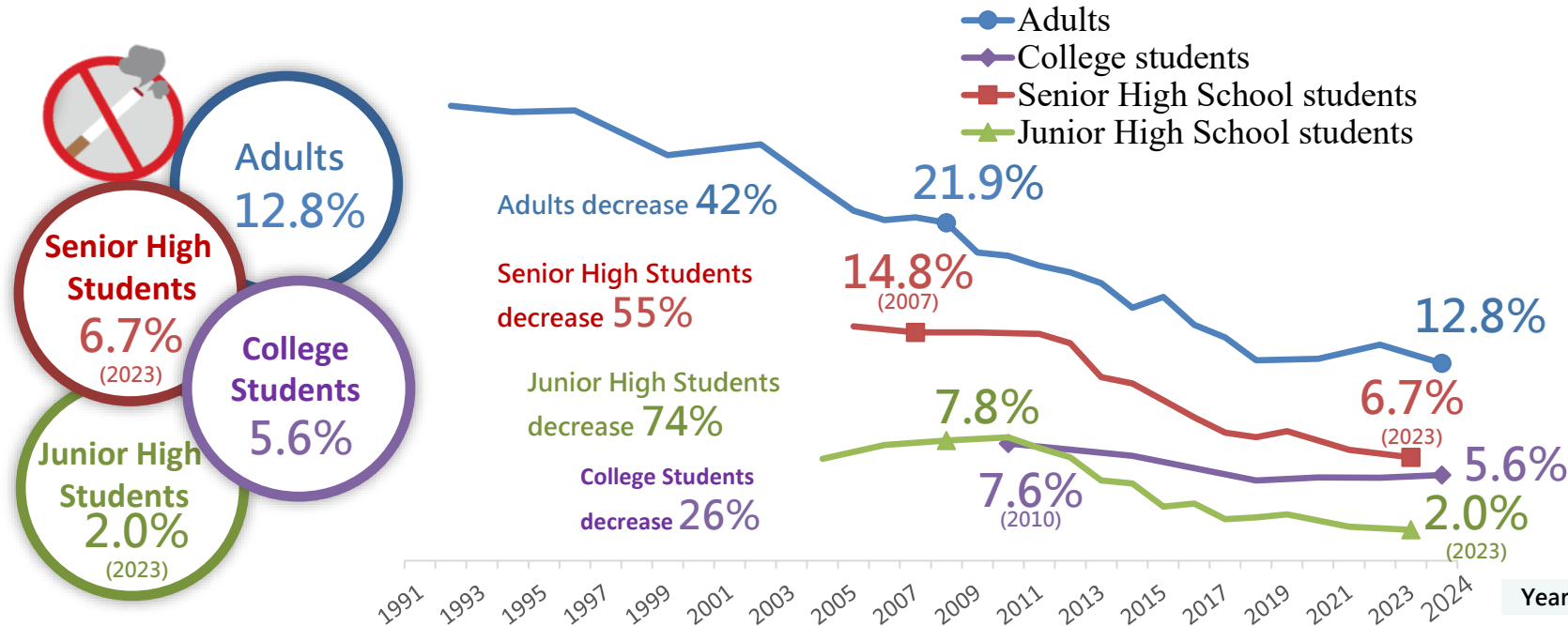
- Selected candidate hospitals will be requested to complete Form A.

Form B and Subsequent Registration

- Following notification from the GNTH Coordinating Center, candidate hospitals will complete Form B and proceed with the remaining registration procedures.

Prevalence of Tobacco Use in Taiwan

- In **2024**, the smoking rate for adults **above the age of 18** was **12.8%**, an decrease from 14% in 2022, which was non-statistically significant.
- In **2024**, the smoking rate for **college students** was **5.6%**, an increase from 5.4% in 2022.
- In **2023**, the smoking rates for **junior high school and senior high school students** were **2.0%** and **6.7%**, which were obviously decreases from 2.2% and 7.2% in 2022.



Source: 1990-1996(Taiwan Tobacco company) ; 1999(Lee etc) ; 2002(HPKAP) ; 2004-2023(Taiwan ASBS and GYTS)

Definition for adults and college students: Current smoker, During survey, smoke more than 100 cigarettes(5 packs) and smoking in past 30 days.

Definition for junior high school and senior high school students: smoking prevalence defined as having tried smoking over the previous 30 days

Amendment of the Tobacco Hazards Prevention Act

Effective from March 22, 2023

- According to the World Health Organization (WHO) report, e-cigarette use has **doubled from 2008 to 2012** among adolescents.
- In Taiwan, in response to the rapid change in tobacco landscape, we amended the “**Tobacco Hazard Prevention Act**”. The key components of the Amendment include :

1. **Prohibiting** imitation tobacco products (incl. **e-cigarettes**)
2. Requiring designated tobacco products to undergo health risk assessment review
3. Prohibiting **additives**
4. Raising the smoking age to **20**
5. **Expanding** the scope of **non-smoking places**
6. Increasing the warning label to **50%** of the front/back package
7. **Increasing** penalties

Expand Non-smoking Indoor and Outdoor Public Areas

Category	Tobacco Hazard Prevention Act Regulations
No smoking in all indoor and outdoor locations	Elementary schools, junior high schools, vocational and regular senior high schools and colleges/universities, kindergartens, day care centers, medical institutions , zoos, children's recreational centers, playgrounds, and gas stations, etc.
No smoking on public transportation or in their related venues	Passenger buses, MRT, high-speed rail, and Taiwan railways, etc.
No smoking in all indoor locations and designated outdoor locations	National Palace Museum, art museums, cultural centers, Sun Yat-Sen Memorial Hall, golf courses, outdoor basketball courts, outdoor tennis courts, outdoor swimming pools, etc.
No smoking indoors and no restrictions over smoking outdoors	Government agencies, banks, post offices, gyms, movie theaters, cybercafes, KTV, pool halls, office buildings, etc.
Smoking rooms allowed indoors and smoking in designated outdoor smoking locations	Senior welfare institutions
Smoking rooms allowed indoors and no restrictions over smoking outdoors	Hotels, department stores, restaurants, bars, and night clubs, etc.
No restrictions over smoking both indoors and outdoors	Arcades, roads, houses, and cigar lounges
No smoking except for smoking areas	As designated by respective competent authorities, examples include national parks, specific scenic areas, designated spots in forest recreation areas and parks/greeneries, commuting and hiking trails in the surroundings of schools, arcades of convenience stores, etc.

Increased Willingness to Quit Smoking

Setting a **Quit Date** and **Professional Medical Personnel Assistance** Lead to Higher Success Rates.

- According to the "Adult Smoking Behavior Survey," the proportion of citizens who have tried to quit smoking and the proportion with willingness to quit smoking have both increased.
 - Based on the results of the 2024 survey, the estimated figures for those who have tried to quit and those with willingness to quit are:
 - Proportion who have tried to quit: 31%, approximately 0.93 million people.
 - Proportion with willingness to quit: 16.5%, approximately 0.5 million people.
- Setting a quit date results in a 1.3 to 2 times higher smoking cessation success rate compared to not setting one.
- Quitting smoking by **willpower alone** has a success rate of approximately **5-10%**; however, with the **medical professional assistance**, the success rate can reach up to **30%**, which is at least 3 times higher.

With Multiple Smoking Cessation Services The Smoking Cessation Rate Doubled!

Workplace Smoking Cessation

It is no longer a single combat!

Smoking Cessation Service

Medical institutions provide **medications, professional health education and support** to help quit smoking. **There are a total of 3,503 contract medical institutions.**



Free

Quitline

0800-63-63-63

9:00–21:00,

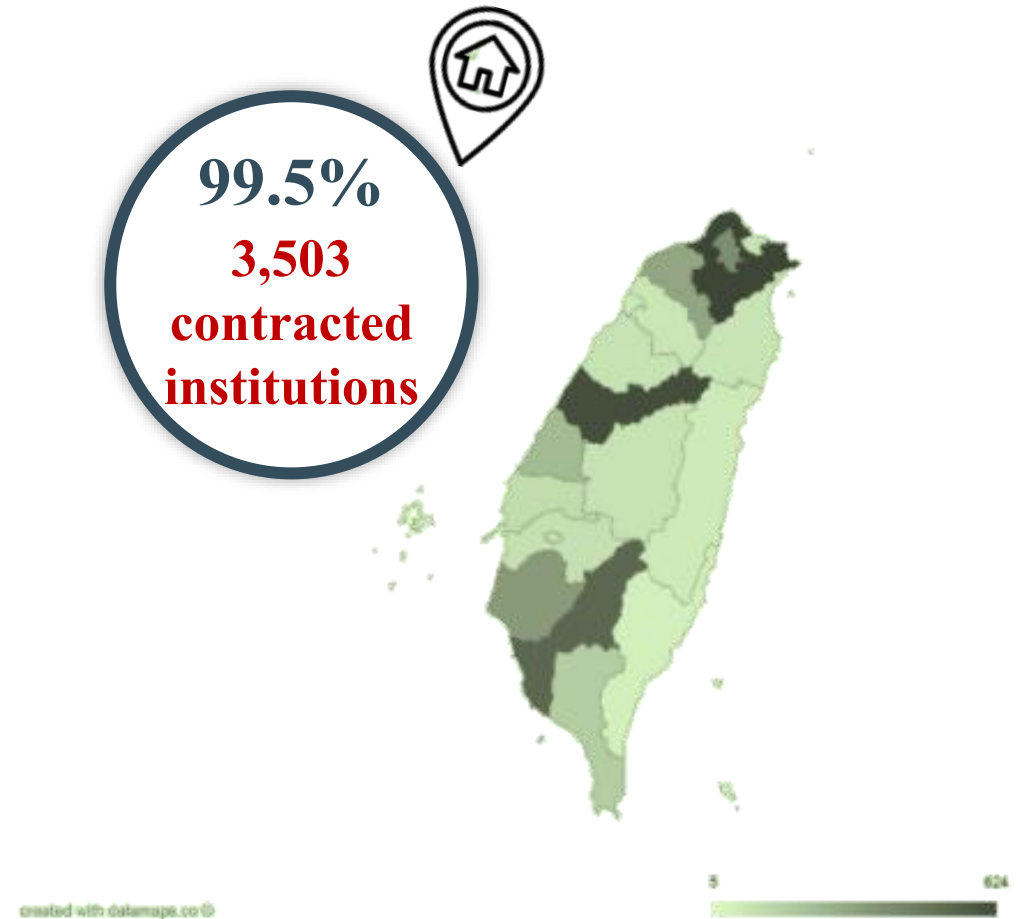
Monday through Saturday

Community Smoking Cessation Class

Subsidies are provided to **local governments** so that they can hold smoking cessation classes in **hospitals, communities, workplaces and schools.**

Scope of Smoking Cessation Services

- In 2023, there are a total of **3,503** contracted **medical institutions** and **community pharmacies** across Taiwan.
- The coverage rate reaches **99.5%** of townships and urban districts **nationwide**, and with outreach services, it has reached 100%.



Promoting Smoking Cessation Services in **All** Medical Specialty



For providers: streamlined workflow, more incentives

From Nov. 2022: Reform to an e-learning based program with **less training hours required** (Physician: 7 to 6 hours; Non-Physician: 43 to 10 hours)

From Jan. 2023:

Increased **physician fee** and **dispensing fee** for each cessation course.

Qualification for subsidy applicant has been expanded.

Additional one course under certain concomitances

Integrated in chronic disease management plan.

From Oct. 2023: published guidelines and brochures.

Improving efficacy and user-friendliness of information system, and developing **electronic application process**.

For patients: less cost for smoking cessation

From May 2022, **co-payments for smoking cessation medications were exempted.**

Promoting Tobacco-free Hospitals

The **health bureaus of all cities and counties** are assisting hospitals within their jurisdictions to join and become tobacco-free hospitals.

- In 2024, we provided subsidies to **206 hospitals in 22 cities and counties**.
- Each hospital will undergo **four on-site inspections** of its tobacco-free environment.



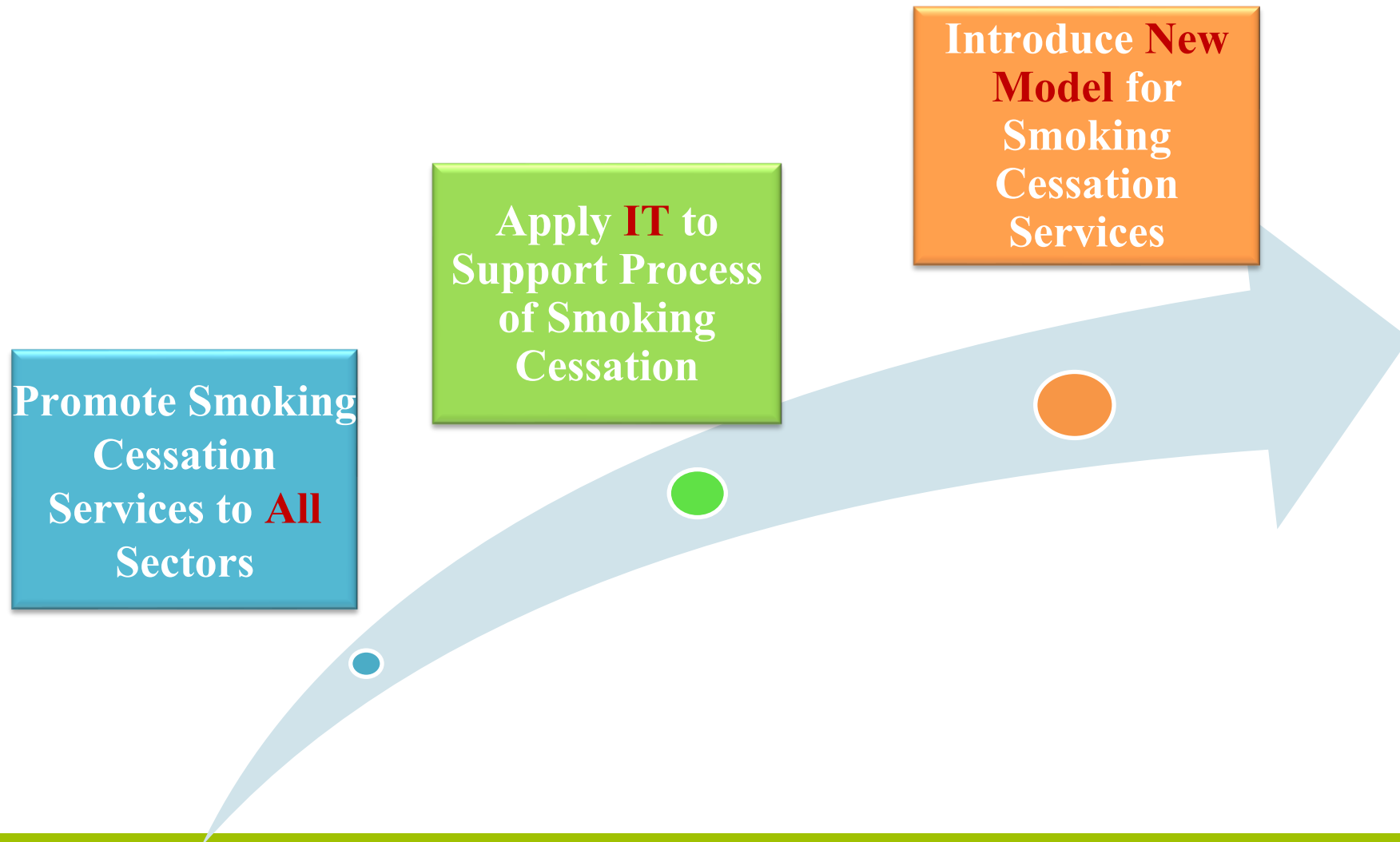
2025 Hospital Service Quality Indicators

■ Medical Centers, Regional Hospitals: 3-Month Follow-Up Case Smoking Status Reporting Rate $\geq 90\%$
■ District Hospitals: 3-Month Follow-Up Case Smoking Status Reporting Rate $\geq 70\%$
■ Medical Centers, Regional Hospitals: 6-Month Follow-Up Case Smoking Status Reporting Rate $\geq 90\%$
■ District Hospitals: 6-Month Follow-Up Case Smoking Status Reporting Rate $\geq 70\%$
■ Medical Centers, Regional Hospitals: 3-Month Point Prevalence Abstinence Rate for Cases Receiving Smoking Cessation Medication Therapy in the VPN System $\geq 27\%$
■ District Hospitals: 3-Month Point Prevalence Abstinence Rate for Cases Receiving Smoking Cessation Medication Therapy in the VPN System $\geq 20\%$
■ Medical Centers, Regional Hospitals: 6-Month Point Prevalence Abstinence Rate for Cases Receiving Smoking Cessation Medication Therapy in the VPN System $\geq 27\%$
■ District Hospitals: 6-Month Point Prevalence Abstinence Rate for Cases Receiving Smoking Cessation Medication Therapy in the VPN System $\geq 20\%$

Guiding Hospital Implementing International Standards

Referencing the **Global Network for Tobacco Free Healthcare Services (GNTH) 8 Standards**, recommending participating hospitals through on-site inspections and document reviews.

Future Prospect



Thank you

Promotion, Prevention, Protection, Participation, Partnership!



Taiwan
Health
Promotion
Administration

Ministry of Health & Welfare

