



“Training for Health Practitioners: Challenging the Future”

Kantonsspital Baden AG - Facts

Grüezi!

Facts business year 2017:

- Turnover CHF 355 Mio.
- Commercial profit CHF 38,7 Mio.
- Employees 2'500
- Apprentices & Students 280



Topics «Training for Health Practitioners»

- 1. E-Learning-Snack
- 2. Breast-pocket-card
- 3. World no tobacco day
- 4. Post Partum



1a. E-Learning-Snack



Introduction

Start 2016

Launched in combination with the «World no tobacco day».

Self-learning-program.

Information about short intervention at the patient.

Done within 5 minutes.

For every employee in the care and nursing staff.

1b. E-Learning-Snack

Learnings

- *Self-discipline* > not every employee has the same motivation to work with E-learning-programms.
- *Internal communication* > the benefit of the learned information is not enough clear.

Processing

- Reminder to recall the users with a undone or unfinished status.
- Using new media channels to present the Snack.

2a. Breast-pocket-card

Introduction

Start 2016

Additional to the E-Learning-Snack.

Compact and manageable card für the breast-pocket.

Always ready for a short intervention at the patient.

Internal process explained with easy steps.

Assistance for the doctors and employees in the care and nursing staff.

Nikotinersatztherapie (NET)

	Starke Abhängigkeit		
	Mässige Abhängigkeit		
	Schwache Abhängigkeit		
Anzahl Zigaretten pro Tag	< 10	10–19	> 20
1. Zigarette nach dem Aufwachen	> 60 Min	31–60 Min	< 30 Min
Nicotinell®-pflaster	Niedrige Dosis: 7 mg/24h*	Mittlere Dosis: 14 mg/24h*	Hohe Dosis: 21 mg/24h*
Stärke	3	2	1

* 1 Zigarette \approx 0,8–3 mg Nikotin

Am KSB verfügbare Medikamente für NET:

- Pflaster (Nicotinel®): verschiedene Stärken (vgl. oben), lange Wirkdauer
- Inhaler (Nicorette®): kurze und rasche Wirkung
1 Patrone entspricht 3–4 Zigaretten od. Anwendung zu ca. 20 Min.
- Spray (Nicorette®): kurze und rasche Wirkung
Nach dem Sprühen für einige Sekunden nicht schlucken
Max. 2 Hübe/Anwendungen

Pflaster können mit Inhaler oder Spray kombiniert werden.

Kantonsklinik Baden KSB

Der/die rauchende Patient/in im KSB

Eintritt Patient/in

Kurzintervention Stationsärztin/-arzt/
Pfleger bei Eintritt

Rauchen Sie?

Wollen Sie mit Rauchen aufhören?

Wünschen Sie Hilfe/Unterstützung?

Vertiefte Intervention Stationsärztin/-arzt/Pfleger,
Erfassen der Nikotinabhängigkeit (siehe Rückseite)

Abgabe «Infomappe zum Rauchstopp»,
ev. Abgabe Nikotinersatzpräparate (NET)
(Abgabe durch Pflege in Absprache
mit Ärztin/Arzt möglich)

Vorstellung Nikotinberatung KSB
auf Wunsch Terminvereinbarung

- Anmeldeprozess via KISIM
Anmeldungen \rightarrow Medizin \rightarrow Anmeldung Nikotinberatung
- Nikotinberatung@ksb.ch
- Sekretariat Pneumologie 056 486 25 86

Kantonsklinik Baden KSB

130515.2.2.1742

2b. Breast-pocket-card

Learnings

- *Explanations on the card* > right amount of information.
- *Communication* > reaching every employee in the care and convince of the advantage.

Processing

- Actually 3rd edition, rolling optimizing.
- Knowledge transfer on the stations with responsables, internal experts.

3a. World no tobacco day

Let old habits disappear...



Message: «Instead of smoking a cigarette, enjoy a bracing smell at a refreshing tissue first!!»

- More than 700 refreshing tissues distributed at lunchtime.
- Many expert talks were held.
- Some requests for a «no tobacco future» were registered at the nicotine consulting from employees.

3b. World no tobacco day

Learnings

- *Information* > has a easier acceptance in combination with a give-away.
- Time > very short time for expert talks, busy atmosphere.

Processing

- Promoting the cost-free nicotine-consulting for employees on new media channels.
- Repeating the special day with an event every year, attaching the attention over a profit or gain.

4a. Post Partum

Introduction

Start April 2018

A support to every woman at the hospital, who stopped smoking during her pregnancy.

A offer to the woman to stay smokefree in the future.

- Training for the employees (week bed station).
- Implementation in our survey process with the patient.
- Straight link to the application form.



4b. Post Partum

First Learnings

- *Knowledge transfer* > to reach every employee.
- *Practice* > Using in daily routine.

Processing

- Forming experts in the different teams for the topic.
- Repetition and deepening of the supply for the employees.
- E-Learning-Video about the implementing for new employees or as a refresh.

Conclusion

Over all topics, there is a focus on the following keywords:

Information – communication – repetition

Let's work on it!



Questions?

Thank you for your attention!